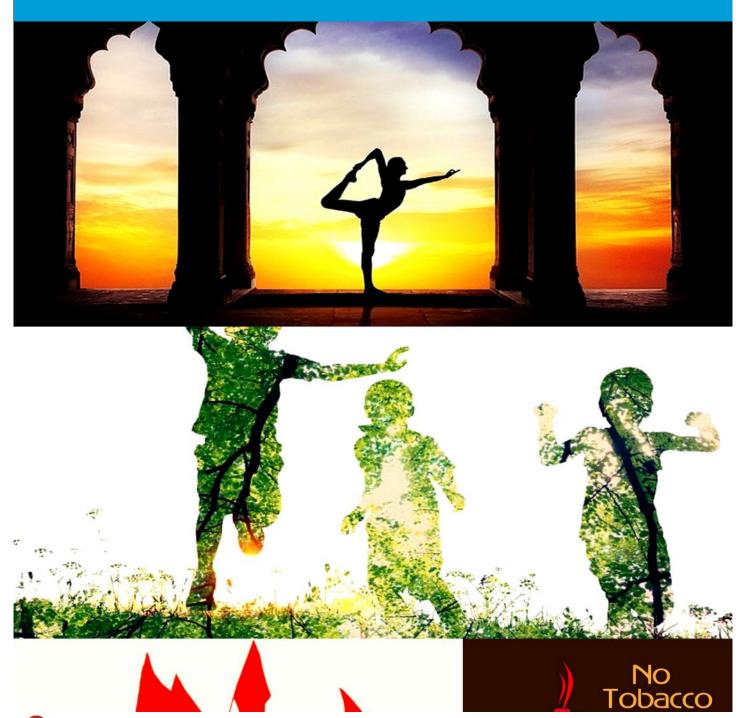






# We ... The People







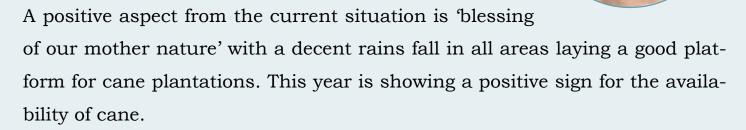
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### From the Desk of Vice Chairman & MD

Greetings Dear colleagues!!!

#### "Follow One Course Until Successful" - FOCUS

At the outset, my best wishes to our Koppa Team, which has started crushing Operations.



Our Units are gearing up with H&T Arrangements duly identifying the batches and booking. Advance payments are being made & units are looking forward to meet the crushing targets. A daunting task indeed, yet units are positive.

I urge to focus on cut down on the bulk and stay lean to propel forward with much needed pace and agility. Need to focus on cost optimization is not just by cutting down expenditure but elimination of wastes, improving operations, increasing the productivity and improving the standards of Quality.

We must keep our minds and eyes open for any slightest opportunity of improvement and cut down on the slack wherever possible.

I once again emphasize, all the Unit Heads and all Functional Heads to utilize the time in hand to 'sharpen the saw', to indulge in people development and in technical advancement. All of you have to come up with the solutions that help the organization in achieving optimum production levels and excellent quality standards.



### Where are you today!!!

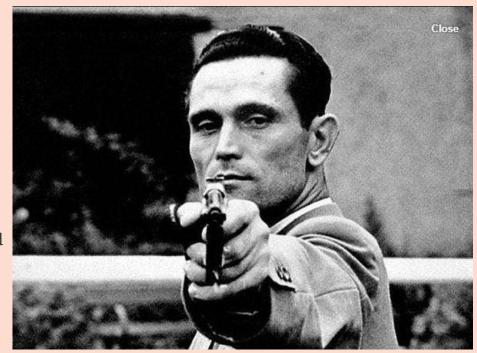
#### - By Jitendra Sharma (VP-HR)

This is a story of 1938 a person named **karloy** from Hungarian army. He was the best pistol shooter of his country. All the national championships that were held in that country he was the winner of all and everybody was confirmed that in 1940 Olympics he will be the winner.

As he was in army so during training a hand grenade exploded in his **right hand and** his hand was cut down. All his focus, dreams were gone. So, he decided not to focus on **what is gone (right hand)** but to focus on what **he has now (left hand)**.

The hand with which he could not even write.

He started training of his **left hand** and after 1 year he came back in national championships in hungry no one knew he was training from 1 year. Everyone there was competing with their best hand he was competing with this only hand and guess what who win- **karloy (the man with the only hand)** 



He wanted to make his hand worlds best shooting hand. The 1940 Olympics were canceled because of world war he put his all focus on 1944 Olympics but they were also canceled.

Then he prepared for 1948 Olympics he went there and guess who win-Karloy. 1952 Olympics he competed and who won the gold medal -Karloy.

Success only comes to who believe in that they can and take action despite of any circumstantial troubles. I remember as Bruce lee Quotes " To hell with opportunities, I create and curate them".



# NSL KOPPA IN PICTURES

### **Cardiology Health Camp**





Dr. Aditya Udupa,, Apollo hospitals has conducted health camp on cardiovascular diseases and their prevention program. Attended by workers, staff and family.







### **ENVIRONMENT DAY CELEBRATIONS**













World Environment Day (05th June) was observed by Tree Plantations made by the Unit head, Sr. Management & workers at Koppa showcasing their care for nature and environment.



# LOCAL VOCAL: NSL KOPPA

#### Essay on environment by Naveen, Sr. Executive- HR & Legal

#### ಪರಿಸರ ಮತ್ತು ಮಾಲಿನ್ಯ ಪರಿಸರ ಎಂದರೇನು?

ಪರಿಸರ ಎಂದರೆ ಭೂಮಿಯ ಮೇಲೆ ಮತ್ತು ಅದರ ಸುತ್ತಲಿರುವ ಭೌತಿಕ, ಜೈವಿಕ ಮತ್ತು ವಾಯುಮಂಡಲದ ವಾತಾವರಣ. ಬೂಮಿಯ ಮೇಲೆ ಜೀವ ಇರುವ ಜೀವ ಮತ್ತು ಜೀವ ಇಲ್ಲದ ಅಂಶಗಳು ಇವೆ.

ಭೂಮಿ ಸೂರ್ಯನಿಂದ ಜನಿಸಿತ್ತು. ತಣ್ಣ ಗಾಗುವ ಕ್ರಮದಲ್ಲಿ ಹಲವಾರು ಭೌತಿಕ ಮತ್ತು ರಾಸಾಯನಿಕ ಕ್ರಮಗಳು ನಡೆದವು. ಇಂತಹ ಕ್ರಮಗಳ ಫಲಿತಾಂಶವಾಗಿ ಭೂಮಿಯ ಸುತ್ತಲೂ ವಾಯು ಮತ್ತು ವಾಯುಮಂಡಲ ಉದಯವಾಯಿತು. ಇದೇ ಸಮಯದಲ್ಲಿ ಗ್ರಹದಲ್ಲಿ ಬೆಟ್ಟ, ನೆಲ, ನದಿ, ಕೆರೆ, ಕಣಿವೆ, ಗುಡ್ಡ ನಿರ್ಮಾಣವಾಯಿತು. ಗಾಳಿ, ನೀರು ಮತ್ತು ನೆಲ ಭೂಮಿಯ ಮುಖ್ಯ ಅಂಗಗಳು. ಭೌತಿಕ ಮತ್ತು ರಾಸಾಯನಿಕ ಕ್ರಮಗಳಿಂದ ಅನೇಕ ರೀತಿಯಾದಂತಹ ಮೂಲ ಅಂಶಗಳು ಉತ್ಪತ್ತಿಯಾಯಿತು. ಇಂತಹ ಪ್ರಕ್ರಿಯೆಗಳ ಫಲಸ್ವರೂಪದಿಂದ ಭೂಮಿಯ ಪರಿಸರ ನಿರ್ಮಾಣಗೊಂಡಿತು. ಸೂರ್ಯನಿಂದ ಭೂಮಿಗೆ ನಿರಂತರ ಶಕ್ತಿ ಲಭ್ಯವಾಗುತ್ತಿದೆ. ಈ ಶಕ್ತಿಯು ಸೂರ್ಯನಿಂದ ಉಷ್ಣತೆ ಮತ್ತು ಬೇಳಕು ರೂಪದಲ್ಲಿ ಲಭ್ಯವಾಗುತ್ತಿದೆ. ಭೂಮಿ ಯ ಸುತ್ತಲಿರುವ ವಾಯುಮಂಡಲದಿಂದ ಉಷ್ಣತೆಯ ಒಂದು ಮಟ್ಟವನ್ನು ಕಾಪಾಡಿಕೊಂಡು ಬಂದಿದೆ. ಇಂತಹ ಕಾರಣಗಳಿಂದ ಜೈವಿಕ ಅಂಶಗಳು ಹುಟ್ಟಲು ಅನುಕೂಲವಾಗಿದೆ. ವಿವಿಧ ಜಾತಿ, ಅಣುಜೀವಿ, ಕೀಟಾಣುಗಳು, ಕ್ರಮಿಗಳು, ಪೊದರು, ಮರ, ಕೀಳು ಜಂತುಗಳು, ಪ್ರಾಣಿ ಗಳು, ಪಕ್ಷಿಗಳಿಂದ ಕೊನೆಗೆ ಮನುಷ್ಯ ಜೀವಿಗಳು ಉದ್ಭವವಾಯಿತು. ಜೀವಿತ ಪ್ರಾಣಿಗಳು ಮತ್ತು ಜೀವರಹಿತವು ಸೂರ್ಯನಿಂದ ಸಿಕ್ಕುವ ಶಕ್ತಿಯ ಮೇಲೆ ಅವಲಂಬಿತವಾಗಿವೆ. ಸೂರ್ಯ ಶಕ್ತಿಯಿಂದ. ಮರ ಎಲೆಗಳಿಗೆ ಹಸಿರು ಬಣ್ಣ ಸಿಗುತ್ತಿದೆ. ಜೀವಿತ ಅಂಶಗಳು ಮತ್ತು ಅದರ,

ಬೇಕಾದ ಉಷ್ಣ ತಾಪಮಾನ ಇವುಗಳು ಬೆಳೆಯಲಿಕ್ಕೆ ಸಹಾಯವಾಯಿತು. ಕಾಡುಗಳು ಬೆಳೆದವು. ಎಲ್ಜಾಕಡೆ ಹುಲ್ಲು ಬೆಳೆಯಲಿಕ್ಕೆ ಶುರುವಾಯಿತು. ಈ ಹಸಿರಿನಿಂದ ಭೂಮಿ ಸುಂದರವಾಗಿ ಕಾಣಿಸಿಕೊಂಡಿತು. ಈ ಹಸಿರು ಸಂಸ್ಕೃತಿಯ ಪ್ರಗತಿ ಮಾನವ ಜೀವನದ ಗುಣಮಟ್ಟದ ಅಭಿವೃದ್ಧಿಗೆ ಕೊಡುಗೆಯಾಗಿದೆ.

#### ಜೀವದ ವೈವಿಧ್ಯತೆ:

ಪರಿಸರದಲ್ಲಿ ಇಂಗಾಲ ಮತ್ತು ತೇವಾಂಶದ ಸಮತೋಲನ ಕಾಪಾಡುವಲ್ಲಿ ಮರಗಳು ಮತ್ತು ಪೊದರುಗಳು ಸಹಾಯ ಮಾಡುತ್ತವೆ. ಭೂಮಿಯ ವಾತಾವರಣದಲ್ಲಿ ಜೀವನದ ವೈವಿಧ್ಯತೆ ಮತ್ತೊಂದು ಮುಖ್ಯ ಅಂಶ. ಪರಸ್ಪರ ಅವಲಂಬಿತ ಜೀವ ರಾಶಿಗಳಲ್ಲಿ ಸಹಕಾರಗಳು ಇವೆ. ಭೂಮಿ ಮೇಲೆ ಸಾವಿರಾರು ಗಿಡಗಳ ಜಾತಿಗಳು ಇವೆ. ಚಿಕ್ಕ ಕ್ರಿಮಿಗಳಿಗೆ ಗಿಡಗಳ ಭಾಗಗಳು ಮತ್ತು ಬೇರುಗಳಿಂದ ಆಹಾರ ದೊರೆಯುತ್ತಿದೆ. ಕೀಟಾಣುಗಳು ಈ ಕ್ರಿಮಿಗಳ ಮೇಲೆ ಅವಲಂಬಿಸಿವೆ. ಚಿಕ್ಕ ಜೀವಿಗಳು ಮತ್ತು ಪಕ್ಷಿಗಳು ಈ ಕೀಟಾಣುಗಳನ್ನು ತಿನ್ನುತ್ತವೆ. ದೊಡ್ಡ ಪ್ರಾಣಿಗಳು ಅನೇಕ ಚಿಕ್ಕ ಪ್ರಾಣಿಗಳ ಮೇಲೆ ಅವಲಂಬಿಸಿವೆ. ಪ್ರತಿ ಜೀವರಾಶಿಯನ್ನು ಒಂದು ಮತ್ತೊಂದಕ್ಕೆ ಹೋಲಿಸಿದರೆ ಜೀವಿಗಳ ಅಸಂಖ್ಯಾತ ವರ್ಣಗಳು ಭೂಮಿಯ ಮೇಲೆ ಇವೆ. ಈ ಸರಪಳಿ ಒಂದರ ಜೊತೆ ಒಂದು ಸಂಬಂಧ ಹೊಂದಿದೆ. ಇದು ಜೀವರಾಶಿಗಳನ್ನು ಶಕ್ತಿಗೊಳಿಸಿ ಇಂತಹ ಜೀವರಾಶಿಗಳ ಅಭಿವೃದ್ಧಿಗೊಳಿಸಲು ಸಹಾಯಕವಾಗಿವೆ. ಶಬ್ದ:

ಉಷ್ಣತೆ ಮತ್ತು ಬೆಳಕಿನ ತರಹ ಶಬ್ದ ಸಹ ಪರಿಸರದ ಅಂಗ. ಮೇಘಗಳ ಗರ್ಜನೆ, ಗಾಳಿಯಿಂದ ಮರದ ಎಲೆಗಳ ಶಬ್ದ ಮತ್ತು ನೀರು ಹರಿಯುವ ಶಬ್ದ ಗಳು ನೈಸರ್ಗಿಕವಾದಂತಹ ಶಬ್ದಗಳು. ಅದೇ ಸಮಯದಲ್ಲಿ ಶಬ್ದ ಮಾಡುವ ಪ್ರಾಣಿಗಳು ಸಹ ಉದ್ಭವವಾಯಿತು.

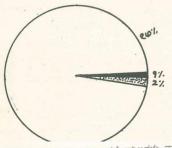
ಭೂಮಿ ಹುಟ್ಟಿದಾಗಿನಿಂದ ಬಿಲಿಯನ್ ವರ್ಷಗಳಿಂದ ಪರಿಸರ ಅಭಿವೃದ್ಧಿ ಆಗುತ್ತಲೆ ಇದೆ. ಪರಿಸರದ ಸಮತೋಲನದಿಂದ ಜೀವಿಗಳು ಬೆಳೆಯಲಿಕ್ಕೆ ಅನುಕೂಲವಾಗಿತ್ತು. ಮಾನವನು ನಿಸರ್ಗದ ಸಂಪನ್ಮೂ ಲಗಳನ್ನು ಹೆಚ್ಚು ಬಳುಸುವುದರಿಂದ ಮತ್ತು ಹೆಚ್ಚು ಜನಸಂಖ್ಯೆಯಿಂದ ಪರಿಸರ ಮಾಲಿನ್ಯ ಶುರುವಾಗಿದೆ. ಮನುಷ್ಯ ನಿಸರ್ಗದ ಮೇಲೆ ಹೆಚ್ಚು ಅಡ್ಡಿ ಮಾಡತೊಡಗಿದ. ಮಾಲಿನ್ಯವೆಂದರೆ ಜೀವರಾಶಿಗಳಿಗೆ ಪರಿಸರದಲ್ಲಿ ಕೆಲವು ಅಪಾಯಕರವಾದ ಮತ್ತು ನಷ್ಟ ಮಾಡುವ ಅಂಶಗಳು ಇರುವುದು. ಪರಿಸರ ಹೇಗೆ ಮಾಲಿನ್ಯವಾಗುತ್ತದೆ ಎಂದು ನೋಡೋಣ.

ಜ್ವಾಲಾಮುಖಿಯ ಸ್ಫೋಟ, ಕಾಡು ಬೆಂಕಿಯಿಂದ ಹೊಗೆ ಮುಂತಾದ ನೈಸರ್ಗಿಕ

ಪರಿಸರದ ಮಧ್ಯೆ ಆಮ್ಲಜನಕ, ಇಂಗಾಲ, ಸಸಾರಜನಕ, ಪರಸ್ಪರ ವಿನಿಮಯವಾಗುತ್ತದೆ. ಜೀವಿತ ಅಂಶಗಳು ಹೇಗೆ ಜೀವವಿಲ್ಲದ ಅಂಶಗಳ ಮೇಲೆ ಅವಲಂಬವಿದೆಯೋ ಅದೇ ರೀತಿಯಲ್ಲಿ ಇತರ ಜೀವಿತ ಅಂಶಗಳ ಮೇಲೆ ಅವಲಂಬಿಸಿವೆ. ಆದ್ದರಿಂದ ಸಂಪೂರ್ಣ ಜೀವಿತ ಅಂಶಗಳು ಪರಿಸರದ ಒಂದು ಅಂಗವಾಗಿದೆ. ನಮ್ಮ ಪರಿಸರ ದಲ್ಲಿ ವಾಯು, ನೀರು, ನೆಲ, ನದಿ, ಹೊಳೆ, ಕಾಡು, ಮರಳು ಭೂಮಿ, ಸಮುದ್ರ ಸೇರಿವೆ. ಅದೇ ಸಮಯದಲ್ಲಿ ಜೀವಿತ ಅಂಶಗಳಾದ ಮರ, ಪೊದರು, ಕೀಟಾಣುಗಳು, ಪ್ರಾಣಿಗಳು ಮತ್ತು ಪಕ್ಷಿಗಳು ಸಹ ಸೇರಿವೆ. ಪರಿಸರದ ಮುಖ್ಯ ಅಂಶಗಳು:

ಗಾಳಿ, ವಾಯುಮಂಡಳ ಭೂಮಿಯ ಮೇಲೆ ಕೆಲವು ಕಿಲೋಮೀಟರ್ವರೆಗೆ ಅನಿಲ ರೂಪಗೊಂಡಿದೆ. ಇದು ಕೆಲವು ಅನಿಲಗಳು ನೈಟ್ರೋಜನ್ (78.8) ಆಮ್ಲಜನಕ (20.95) ಇಂಗಾಲ ಡೈ ಯಾರೈಡ್ (0.3) ಜೊತೆಗೆ ನೀರು, ಹವೆ ಮಿಶ್ರಣವಾಗಿ ಒಂದುಗೂಡಿದ ಇದನ್ನು ಗಾಳಿ ಎಂದು ಕರೆಯುತ್ತವೆ.

ಈ ಅನಿಲ ಜೊತೆ ಗಾಳಿಯಲ್ಲಿ ಹೀಲಿಯಂ ಮಿಥೇನ್ ಮತ್ತು ಹೈಡ್ರೋಜನ್ ಸಹ ಒಳಗೊಂಡಿದೆ. ನೀರಿನ ಹವೆ 7500ftವರೆಗೆ ಹೋಗಬಹುದು.



ನಾಶ ಮಾಡದ ನಗರಗಳು ಹೆಚ್ಚುತ್ತಿವೆ. ದುರ್ವಾಸನೆ ಅನಿಲಗಳು ವಾಯು ಜೊತೆ ಮಿಶ್ರಣವಾಗುತ್ತಿದೆ. ಇವೆಲ್ಲ ಕಾರಣಗಳಿಂದ ಹೆಚ್ಚಿನ ಪ್ರಮಾಣದಲ್ಲಿ ವಾಯು ಮಾಲಿನ್ಯ ವಾಗುತ್ತಿದೆ.

#### ನೀರು ಮಾಲಿನ್ನ :

ನೀರು ಕಾರ್ಖಾನೆಗಳಲ್ಲಿ ಹೆಚ್ಚು ಉಪಯೋಗಿಸುತ್ತಿದ್ದಾರೆ. ಆದರೆ ಕಸವನ್ನು ನದಿ ಮತ್ತು ಕೆರೆಗಳಲ್ಲಿ ಬಿಡುಗಡೆ ಮಾಡುತ್ತಿದ್ದಾರೆ. ಈ ನೀರಿನಲ್ಲಿ ಗಟ್ಟಿ, ದ್ರವ, ಅನಿಲ ರೂಪದಲ್ಲಿರುವ ಅಪಾಯಕರವಾದ ವಸ್ತುಗಳು ನೀರನ್ನು ಕಲುಷಿತಗೊಳಿಸುತ್ತವೆ. ವ್ಯವಸಾಯಕ್ಕೆ ಹೆಚ್ಚು ನೀರು ಉಪಯೋಗವಾಗುತ್ತಿದೆ. ಆಸ್ವಾಭಾವಿಕವಾಗಿ ತಯಾರಿಸಿದ ರಾಸಾಯನಿಕ ಗೊಬ್ಬರ ಮತ್ತು ಕ್ರಿಮಿ ನಾಶಕಗಳನ್ನು ವೃವಸಾಯಕ್ಕೆ ಉಪಯೋಗ ಮಾಡಲಾಗುತ್ತಿದೆ. ಇಂತಹ ರಾಸಾಯನಿಕಗಳಿಂದ ಭೂಮಿ ಕೆಳಗಡೆ ಇರುವ ನೀರು ಮಾಲಿನ್ಯವಾಗಿದೆ. ಇದೇ ರೀತಿ ಮನುಷ್ಯ ವಾಸದಿಂದ ಕಸ ಮತ್ತು ಚರಂಡಿ ಮತ್ತು ಕೆರೆಗಳಲ್ಲಿ ಸೇರಿ ನೀರು ಮಾಲಿನ್ಯವಾಗಿದೆ. ಹೊರಗಡೆ ಕಸ ನೀರಲ್ಲಿ ಸೇರುವುದರಿಂದ ನೀರಲ್ಲಿರುವ ಆಮ್ಲ ಜನಕದ ಪ್ರಮಾಣ ಕಡಿಮೆಯಾಗುತ್ತದೆ.

ಮಣ್ಣು ಮಾಲಿನ್ಯ: ಜನಸಂಖ್ಯೆ ಬೆಳವಣಿಗೆಯಿಂದ ವ್ಯವಸಾಯಕ್ಕೆ ಹೆಚ್ಚು ಭೂಮಿ ಬಳಸಲಾಗುತ್ತಿದೆ. ಒಂದು ಬೆಳೆಗೆ ಬದಲು ಈಗ ಹೆಚ್ಚು ಬೆಳೆಗಳು ಉತ್ಪತ್ತಿಯಾಗುತ್ತಿವೆ. ಹಿಂದಿನ ಸಮಯದಲ್ಲಿ ವ್ಯವಸಾಯ ನಿಸರ್ಗದ ಮೇಲೆ ಅವಲಂಬನೆಯಾಗಿತ್ತು. ನಂತರ ರಾಸಾಯನಿಗಳನ್ನು ಕ್ರಿಮಿಕೀಟ ನಾಶಗಳನ್ನು ಹೆಚ್ಚು ಪ್ರಮಾಣದಲ್ಲಿ ಉಪಯೋಗ ಮಾಡಲಾಯಿತು. ಇದರಿಂದ ಮಣ್ಣಿನ ನೈಸರ್ಗಿಕತನ ಕಡಿಮೆಯಾಯಿತು.

ಮರಗಳ ಕೊರತೆಯಿಂದ ಮಣ್ಣಿನ ಪೌಷ್ಠಿ ಕತೆ ಹೆಚ್ಚಿನ ಪ್ರಮಾಣದಲ್ಲಿ ಕಡಿಮೆಯಾಯಿತು. ಸಸ್ಯೆ ಮತ್ತು ಮರಗಳ ಕೊರತೆಯಿಂದ ಮಣ್ಣಲ್ಲಿ ನೀರನ್ನು ಹೀರಿಕೊಳ್ಳುವ ಪ್ರಮಾಣ ಕಡಿಮೆ ಯಾಯಿತು. ಇದರಿಂದ ಕೆಲವು ಕಡ ಮಣ್ಣು ಗಟ್ಟಿಯಾಗತೊಡಗಿದೆ.

#### ಜೀವ ವೈವಿಧ್ಯತೆಯ ಮಾಲಿನ್ಯ :

ಭೂಮಿ ಮೇಲೆ ಮರಗಳು, ಗಿಡಗಳು, ಕ್ರಿಮಿಗಳು, ಪ್ರಾಣಿಗಳು, ಪಕ್ಷಿಗಳು ಮುಂತಾದ ಗುಂಪುಗಳು ಮಿಲಿಯನ್ ಇದೆ. ಎಲ್ಲಾ ರೀತಿಯ ಮಾಲಿಸ್ಯದಿಂದ ಕೆಲವು ವರ್ಗದ ಜೀವರಾಶಿಗಳು ನಾಶವಾಗುವ ಮಟ್ಟದಲ್ಲಿವೆ. ಇದರಿಂದ ಇಂತಹ ಜೀವಿಗಳ ಮೇಲೆ ಆಧಾರವಾಗಿರುವ ಇತರ ಜೀವಿಗಳು ಸಹ ನಾಶವಾಗುವ ಭಯವಿದೆ. ಇಂತಹ ಮಾಲಿನ,ವನ್ನು ಜೀವವೈವಿಧ್ಯತೆಯ ಮಾಲಿನ್ಯ ಎನ್ನುತ್ತಾರೆ.



# TRAININGS: NSL KOPPA







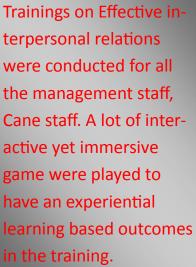






















# NSL KOPPA IN PICTURES

### Other Training Programs





Safety Training for workers about the practices and measures to be taken while erection and fabrication.

HALAL Awareness program was conducted by Mr. Ahmed Muneed Abdulla from Halal India consultancy. (Photos below).



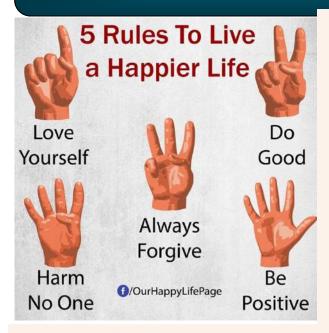






### **POSTURES FOR BODY SAFETY**

### - MAHESH, AM-SAFETY, KOPPA



### SITTING





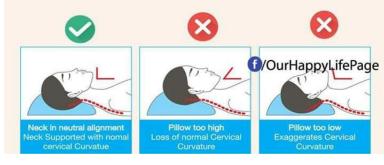
### WORKING ON COMPUTER



#### NECK ALIGNMENT IN SIDE SLEEPING



#### NECK ALIGNMENT IN BACK SLEEPING





# NSL TSL IN PICTURES







13 million tonnes of plastic leak into our oceans



away can circle the Earth four times in a single year



Disposable plastic items represent 50% of marine litter



95% of disposable plastic packaging is wasted



Plastic can survive in the environment for up to 500 years



Recycling plastic takes 88% less energy than making new plastic



We can save 1,000-2,000 gallons of gasoline by recycling one ton of plastics



# NSL TSL IN PICTURES





Fire mock drill evacuation training program was conducted for preparedness in the workers by resident safety officer Mr. Imam Basha.







## TRAINING PROGRAMS @ NSL TSL















#### INTERPERSONAL SKILLS

Effectiveness of Interpersonal skills are utilized everywhere. A comprehensive experiential learning session was attended by all the staff of TSL Unit to benefit with the learnings from the session.





# NSL JAY MAHESH IN PICTURES













Various safety training were imparted to workers and staff of Jay Mahesh.



# NSL JAY MAHESH IN PICTURES





Maharashtra formation day was celebrated along with the May day to commemorate the contribution of workers on the smooth running of factory. On the similar occasion Mr. Girish Lokhande, Unit head was invited to grace the occasion and inspire the children of a school in Malegaon.





NSL WISHES ALL THE PEOPLE OF JAY MAHESH UNIT A VERY HAPPY MAHARASHTRA DAY.

THE HEROIC AND VISIONARY LEADERS
STILL MAKE A MARK IN THE INDIAN
SUBCONTINENT WILL BE REMEMBERED
AND CHERISHED. ALL THE STAFF HAVE
PAID THEIR TRIBUTES TO THEIR BRAVE
ANCESTORS. IT'S A DAY THEY CELEBRATE THEIR PROUD LINEAGE.





## NSL JAY MAHESH IN PICTURES





Together we stay and together we celebrate: Employee birthday celebrations.



#### **CONGRATULATIONS**

Mr. Shreyash S/o Mr. Vishnu Bade for securing Highest marks in the interstate Math Quiz competition.



#### **CONGRATULATIONS**

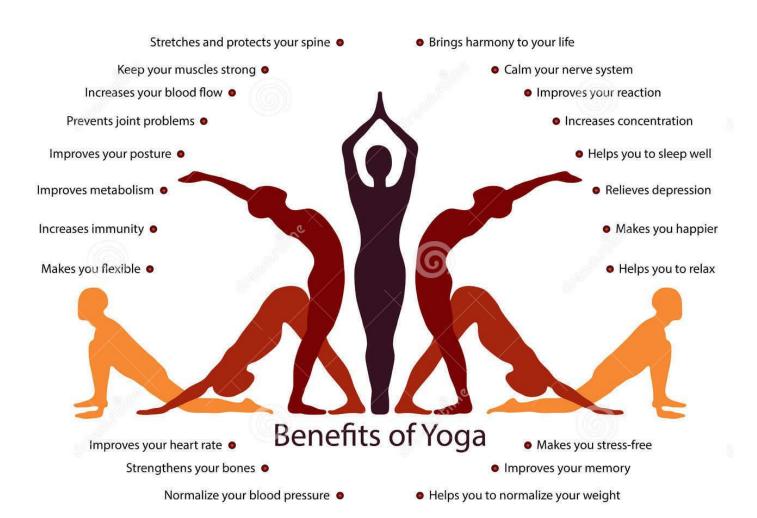
Miss Sheetal D/o Mr. Vishnu Bade (Executive Admin) for qualifying NEET exam (All India Medical entrance) and securing MBBS admission.

Let us all join in congratulating them on their success.

They have made their family proud



## **BENEFITS OF YOGA & MEDITATION**



## 5 Top Benefits of Mindfulness Meditation



#### **MORE PATIENCE**

In our lightning-fast instant gratification culture, it's easy to get distracted. Mindfulness teaches us to practice patience so it comes more naturally to us when we need it.



## BETTER FOCUS & PRODUCTIVITY

It's tempting to get caught up in social media, interruptions, and unhelpful thoughts. Mindfulness helps us recognize distracting thoughts or impulses and let them pass without indulging them.



# INCREASED COMPASSION

Mindfulness broadens compassion for ourselves and others by helping us suspend self-judgment and bring our attention back to the present moment.



#### HEIGHTENED BODY AWARENESS

We tend to lose awareness of what our body is feeling when we get too busy or distracted. With mindful awareness, we can listen to our bodies and react in healthier, purposeful ways.



# LESS STRESS & ANXIETY

By learning how to be more choiceful about when to think about what, we can rewire our brains to reduce stress and anxiety.



# NSL KSL: ENVIRONMENT DAY





June 6, 2018



Clean your home with natural ingredients

### చೆತ್ಕರೆ ತೆರ್ಡಾಗಾರೆಂಲ್ ಮುತ್ಯಲು ನಾಟಿನೆ ಸಿಬ್ಬಂದಿ

టుడే: స్రంపంచ పర్యావరణ దనో త్సవం సందర్భంగా అప్పరాల సమీ పంలోని కృష్ణపేణి చక్కొర కర్మాగా రంలో మొక్కలు నాటే కార్యక్రమం చేపట్టారు. కర్మాగారం జీఎం శ్రీని వాసరావు అధ్వర్యంలో కర్మాగారం సిబ్బంది 1500 మొక్కలను నాటి వాటిని సంరక్షించే జాధ్యతను ఉదో మార్పులు చోటు చేసుకుంటున్నా



మొక్కలు నాటుతున్న జీఎం, కాల్మకులు

యని మానవ మనుగదకే స్రమాదమన్నారు. బాధ్యతను తీసుకోవాలని శ్రీనివాసరావు మొక్కల పెంపకాన్ని సామాజిక బాధ్యతగా స్థులి కోరారు. కార్యక్రమంలో ఏజీఎం సుబ్బారెడ్డి. ఒక్కరూ జావించి మొక్కలను నాటి పెంచే రమణారావు తదితరులు పాల్గొన్నారు.







## TECHNICAL TRAINING MEET @ KSL



A inter unit technical training program for all the process chemists and other departments was conducted to improve the overall technical performance of our Group sugar mills at KSL. Program was inaugurated by COO in which all the process chemists and Dept. heads of the respective units took part in the knowledge sharing session. A total of 35 members from all the units have attended the program.



# TRAINING @ KSL



Effective communication skills are quite important in building relationships at the work place. A training on building successful interpersonal relations was conducted at KSL which was attended by most of the employees including cane staff and workers. Emphasis is put on being optimistic and open in conversations and thoughts. Participants are encouraged to speak up from their own experiences and case studies were given to solve in teams. Stress management techniques are also a part of the program.







Mr. Subash Chandra Dora has joined us on 24th May2018 as Assistant General Manager (Fiannce & Accounts) based at NSL Aland Unit, Kalaburagi.

He is a CMA from ICWAI, Kolkata and B.Sc from Khallikote University.

He brings aboard with him more than 13 years of experience in the areas of Finance & Accounts function.

Some of his core competencies are Finalization of accounts, Financial Accounting, Auditing, Taxation Statutory Compliances, Budgeting, Costing & MIS and General Administration.

Let us wish Mr. Subash Chandra Dora a long & Mutually beneficial Journey.



Mr. Praveen Kumar Dubala has joined us on 21st June 2018 as Sr. Manager (Purchase & Stores) based at NSL KSL Unit, Wanaparthy.

He has done his B.Com from Nagarjuna University & MBA from Kakatiya University.

He brings aboard with him more than 17 years of experience in the areas of Procurement function and inventory management.

His core competencies are Procurement of capital Goods, CAPEX, Spares, Coal, Stores Management, warehouse management,

Let us wish Mr. Praveen Kumar Dubala a long & Mutually beneficial Journey.



Mr. C Bhavani Shankar Reddy has joined us on 25th June-2018 as Sr.Manager (Cogen) based at NSL Tungabhadra Unit, Karnataka.

He has completed his B.E Mechanical) from Gulbarga University and holds a BOE Certification.

He brings aboard with him more than 23 years of experience in the areas of operation and maintenance of Cogen plants.

Some of his core competencies are Erection & commissioning, Operation and maintenance, general Administration of Cogen Plants.

Let us wish Mr. Bhavani Shankar a long & Mutually beneficial Journey.



**Mr. D Srinivasa Rao** has joined us on 24th May 2018 as **Manager ( Accounts)** based at Corporate Office, Hyderabad.

He has one his M.Com from Osmania University and MBA from IGNOU.

He brings aboard with him more than 18 years of experience in the Finance & Accounts function.

Some of his core competencies are Finalization of accounts, Auditing, Statutory Compliances, Budgeting, Costing & MIS.

Let us wish Mr. Srinivasa Rao a long & mutually beneficial Journey



## NEW JOINEES - WELCOME ABOARD



Mr. K V Murali Krishna has joined us on 15th June 2018 as Assistant Manager (Cane & H&T Accounts) based at NSL Krishnaveni Unit, Wanaparthy.

He has done B.Com from Acharya Nagarjuna University.

He brings with him more than 20 Years of experience in Cane & H &T Accounts functions.

Some of his core competencies are Cane Billing, H&T Billing, Statutory Compliances, MIS & General Accounts.

Let us wish Mr. Murali Krishna a long & mutually beneficial Journey

## LOOKING AT THE MIRROR

**BE LIMITLESS** 

One day all the employees reached the office and they saw a big advice on the door on which it was written: "Yesterday the person who has been hindering your growth in this company passed away. We invite you to join the funeral in the room that has been prepared in the gym". In the beginning, they all got sad for the death of one of their colleagues, but after a while they started getting curious to know who was that man who hindered the growth of his colleagues and the company itself.

The excitement in the gym was such that security agents were ordered to control the crowd within the room. The more people reached the coffin, the more the excitement heated up. Everyone thought: "Who is this guy who was hindering my progress? Well, at least he died!" One by one the thrilled employees got closer to the coffin, and when they looked inside it they suddenly became speechless. They stood nearby the coffin, shocked and in silence, as if someone had touched the deepest part of their soul. There was a mirror inside the coffin: everyone who looked inside it could see himself.

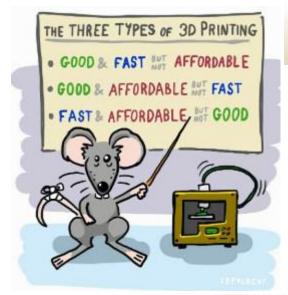


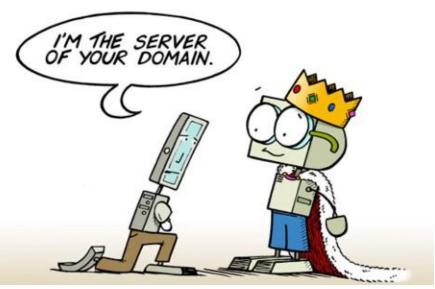
There was also a sign next to the mirror that said: "There is only one person who is capable to set limits to your growth: it is YOU." You are the only person who can revolutionize your life. You are the only person who can influence your happiness, your realization and your success. You are the only person who can help yourself. Your life does not change when your boss changes, when your friends change, when your partner changes, when your company changes. Your life changes when YOU change, when you go



## **FUN ZONE**













"...WHO SAYS AMERICANS DON'T MAKE ANYTHING ANYMORE?!"

